



ST. CASSIANS, KINTBURY

4th – 6th

February 2026



Staff

Itinerary

Sleeping arrangements

What to bring

First day

Medication

Questions



STAFF

Mrs Sopala

Mrs Preston

ITINERARY

	Wednesday		Thursday		Friday
Time	WELCOME	Time	AWARENESS	Time	GOOD NEWS
9:30		8:10	Morning Prayer of the Church	8:10	Morning Prayer of the Church
9:45		8:30	Breakfast	8:30	Breakfast
10:20		9:45	Meet in DLS - Icebreaker	9:45	Photos
11:30		10:15	Morning Prayer	10:00	Friendship Bracelets Workshop
12:00	Arrivals	10:35	Toy Story input	10:45	Toilet Break
12:10	Welcome + Icebreakers + H&S	11:45	Toilet Break	11:15	Affirmations
12:45	Lunch	12:00	Small Group	12:00	Final Liturgy
1:45	Small Group			12:45	Lunch
2:30	Toilet Break	12:45	Lunch	12:45	Lunch
2:45	Low Ropes / Archery	2:00	Meet in DLS - Treasure Hunt Walk	1:30	Departures
3:45	Toilet Break	3:00	Juice + cake in dinning room		
4:00	Low Ropes / Archery	3:15	Round Robin		
5:00	Room Allocation	4:15	Tuckshop break		
5:30	Meet in DLS	5:00	Workshop (Lasallian Stars)		
5:45	Supper	5:45	Supper		
7:00	Small Group Challenge	7:00	Quiz		
7:40	Hot Chocolate	7:40	Hot chocolate		
8:00	Toilet break	8:00	Toilet break		
8:15	Meet in DLS	8:15	Meet in DLS		
8:20	Night Prayer	8:20	Night Prayer		

SLEEPING ARRANGEMENTS

Girls and boys on different floors, each with one adult.

Rooms of 2-3 (bunk beds).

Children have let me know who they would like to share with (3/4 people).

Children will find out who they are sharing with on arrival at St Cassians.

Children will need to make their own beds – please practice at home.

Bathroom on each floor. Adults facilities are separate from the children's.

WHAT TO BRING

Warm waterproof jacket

Tracksuit bottoms/leggings

T-shirts, tops, layers to keep warm

Two pairs of trainers

Usual items for a two-night stay – underwear, wash bag, etc

Towel

Water bottle

Book/cards/travel games

No electronics

No snacks/sweets

Children will need to carry their own bag

Pocket money for Tuck Shop – max £5 (optional)



FIRST DAY

We will leave the school on the coach and travel straight to Kintbury. On our arrival, I will post a message on Seesaw. We will have our lunch on arrival.

MEDICATION

Any travel sickness medication needs to be given before the children arrive at school on Wednesday morning.

Any return medication needs to be in a sealed envelope with your child's name written on, with the medication form completed.

Any other medication must be given to the school office by Monday 2nd February with the completed form.

We will take inhalers, etc which we already have in school.

QUESTIONS?

How are meals, hygiene and washing facilities managed?

What access will the children have to phones?